

Chapter Focus

WINTER ISSUE

FEBRUARY 2011



Cystic Fibrosis Canada—London Chapter

President's Message

A Message from Bea's Desk

Happy New Year to everyone. Even in an unpredictable economy, our fundraisers last year did better than the year before or held their own through out. I'd like to thank at this time all volunteers, Kin members, board members, family, friends and patients of Cystic Fibrosis for all help. Whether it was assisting on the day or Chairing the fundraiser or just showing support

by donations. All of these efforts will help us to someday find the cure for this disease.

I am looking forward to another new year of raising money, fellowship and meeting new people to work along side of us in our journey. I wish everyone good health and prosperity in this new year.

We are celebrating London's 50 years with an open house on February 13, 2011. Hope to see everyone there to help

celebrate these accomplishments.

Your Chapter President

Beatrice Crowley



Beatrice Crowley
Chapter President
2010-2012

Special points of interest:

- *Message from President*
- *New Logo*
- *OPAM Award recipients*
- *50 years of Progress London Chapter Celebrates*
- *Helpful links*

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Our New Logo!



Cystic Fibrosis Canada

Breathing life into the future®

London Chapter Celebrates!

The London Chapter will be celebrating our 50th Anniversary, with an OPEN HOUSE at the Hallman Atrium, Robarts Research Institute at University of Western Ontario.

Our event takes place on Sunday February 13th 2– 4 pm, with a tour of the research lab of Dr. Valvano.

Speaking at the events will be Cystic Fibrosis Canada founding members, Mr. and Mrs.

Doug and Donna Summerhayes and researcher Dr. Miguel Valvano.

We have displays of our chapter events as well as video highlighting the progress of the Canadian Cystic Fibrosis Foundation to the entity today: Cystic Fibrosis Canada.

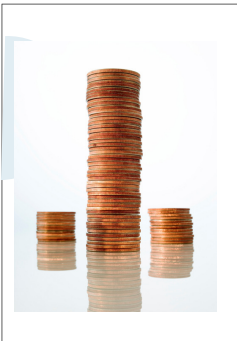
We would like to thank all our volunteers, sponsors, researchers, clinicians, doctors and friends for allowing Cystic

Fibrosis Canada to achieve our success and great strides towards finding a cure for cystic fibrosis.

Together we are allowing our children, our friends and family to lead longer healthier lives!



Kin Canada's National Fundraiser



Kin Canada is embarking on a new national campaign in support of the work of Cystic Fibrosis Can-

ada.

The Campaign, One Dime at a Time, asks Kin members to

collect and save their dimes until 2014. Funds raised will be presented as a special gift to Cystic Fibrosis Canada in celebration of the 50th Anniversary of the Kin-CCF partnership in 2014. This special gift will be presented along with Kin Canada's annual donation that year.

One Dime at a Time was introduced to Kin members by Mike Croghan, chair of the One

Dime at a Time Committee, in August at the Kin Canada National Convention in Halifax. Members were so receptive of this new Campaign that they started raising funds during Mike's presentation by passing around a collection jar. Within in a short time, more than \$500 was raised! Watch the CCF website for updates!



We are excited to announce that as of February 2011 the Canadian Cystic Fibrosis Foundation has changed its name to Cystic Fibrosis Canada.

Our name and logo are different, but our commitment to finding a cure for cystic fibrosis is stronger than ever! By investing in high quality research and care programs, we have helped Canadian children and young adults live longer healthier lives; but there is more work to be done!

The new symbol which portrays an adult and a child flying a kite, better reflects the people we help, the disease and aspirations.

Ontario Provincial Award Winners

Grassroots Volunteer Award 2010 Dora Fisher

Since 1988 Dora has been a stalwart volunteer for the London Cystic Fibrosis Chapter. With no cystic affiliation, Dora found out about Cystic Fibrosis through Kin Canada.

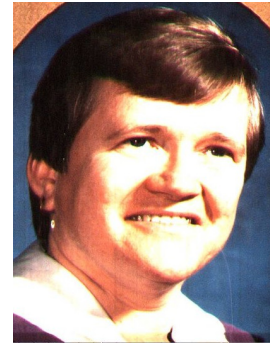
Dora has volunteered at many events: Moonwalk, Great Strides, Daisy Days, Loblaw's Win your groceries back Draw, and many more events. Dora has been a mainstay of our London Cystic Fibrosis Chapter Bingo since she started with our chapter.

Although never on our chapter board; Dora has co chaired our London Cystic Fibrosis Chapter Bingo for a number of years with both Dave Hart, Bea & Dave Crowley and Fred & Leona Wiesegger.

We could not operate our chapter or events without grassroots volunteers such as Dora Fisher.

The London Cystic Fibrosis Chapter is proud to nominate Dora Fisher for the Grassroots Volunteer Award and is very

grateful to Dora for joining us in the fight against cystic fibrosis.



Dora Fisher

Youth Citizenship Award 2010 Reta Coghill

The London Cystic Fibrosis Chapter is proud to have nominated Reta Coghill for the Youth Citizenship award.

Reta has been lending her face and story to help the fight against cystic fibrosis since the time she was 2. She has often spoken or attended events which support fundraising groups. She urges the groups to be as motivated as possible to increase the amounts of funds raised.

Although only 14 years old now,

Reta has spoken at the London Cystic Fibrosis Chapter's Karna Ivey Performance series event, at many initial Zeller's Moonwalk events, at different Shinerama organized events, at the ceremonial speeches for Great Strides, and at the launch of EPIC PULL, 2007.

Reta has given media interviews on both radio and television. Carstar Soaps it Up Carwash, 3 on 3 Road Hockey Tournament, Children's Hospital and CKCO Kitch-

ener Daytime show have all had the opportunity to interview Reta.

Reta has been made one of our Chapter Shining Stars at our appreciation night.



Reta Coghill

Michelle Breakwell Award 2010 Nathan Fish

Nathan Fish joined our London Cystic Fibrosis Chapter in 2003. He has been an asset to both our Chapter and the Adult Cystic Community as well.

Nathan is a regular speaker for our London Cystic Fibrosis Chapter. He is at most of our events and our monthly meetings. He is often the speaker of choice for our SHINERAMA groups.

Nathan has been the chair of the Adult Liaison Committee for 2 years and our chapter Treasurer for 1 year.

Nathan is always candid and has a fresh way to look at things. We appreciate his opinions shared with the board.

We truly find having Nathan on our board and attending meeting

for the Adult committee and our Chapter a blessing. He can explain things well and keeps our chapter on track.



Nathan Fish

London Chapter Events– Volunteer, Sponsor or Cheer!

Kinsmen Fanshawe Sugar Bush - March 2011

(Pancake House and Tours)

21201-c Lakeside Dr, Thorndale, On

Contact: Dave Crowley 519-349-2319

dcrowley@quadro.net

www.fanshawesugarbush.com

Kin Canada – CF Day

Saturday May 7th 2011

Contact: Dave Hart

kindaveehart@hotmail.com

www.kincanada.ca

Great Strides - May 29, 2011

(Walk a Thon)

Storybook Gardens

1958 Storybook Lane, London, On

Contact: Dave Crowley 519-349-2319

dcrowley@quadro.net

www.greatstrides.ca

Carstar Soaps it Up for CF

National Car Wash June 11th 2011

<http://www.carstar.ca/soapsitup>

Cruizin' for CF - June 12th, 2011

(Auto performance related activity day)

Contact: Steve Allen 519-661-0308

cruizinforcf@gmail.com

www.cruizinforcf.com

Flagswipe Paintball-Promised Land III Scenario Game- Date TBA

(All Day Paintball Tournament)

3998 Gladstone Drive, Mossley, Ontario

Contact: Dave Crowley 519-349-2319

dcrowley@quadro.net

www.flagswipepaintball.com

41st Annual Charity Golf Tournament for Cystic Fibrosis

Thursday August 25th and Friday August 26th,

Highland Country Club, 1922 Highland Heights, London, On

Contact: Jerry Dudzic

jerrydudzic@rogers.com

www.cysticfibrosisgolf.ca

*East Elgin Sportsmen Club Event - September 20, 2010 Aylmer, On

(Canadian Shooting Sports Association (CSSA) Charity Event)

Contact: Dave Crowley 519-349-2319

dcrowley@quadro.net

www.eesa.ca

3 on 3 Face Off Against CF Road Hockey

(Road Hockey Fundraiser and Auction)

September 17th, 2011 - North London Community Optimist Centre

Contacts: Heather Coghill 519-457-1000

coghill_1@sympatico.ca

www.roadhockeylondon.ca

London Chapter Celebrates!



London Cystic Fibrosis Clinics

Find us on our web page:

http://www.lhsc.on.ca/Patients_Families_Visitors/Childrens_Hospital/Programs_and_services/Cystic_Fibrosis/index.htm

News: Jennifer Itterman RN, Paeds Nurse Manager will be leaving us for a short time for a maternity leave. Replacing Jennifer is Monica Dawe.

Paediatric Nurse Case Manager
519-685-8500 x 52692

Tracy Gooyers, RN Nurse Case Manager, Adult Clinic
519-685-8500 x 55186

News: The time is here! The Adult Clinic will soon be leaving South Street Hospital and moving to the Victoria Hospital.



Tracy Gooyers, RN

The Cystic Fibrosis (CF) program provides care and support to children and youth with CF and their families. Our dedicated team of health care professionals includes physicians, nurses, physiotherapists, social workers, dieticians, genetics counsellor, pulmonary function technicians and pharmacists.

Children who have or are suspected of having cystic fibrosis, are referred to our program by a physician. Newborns are referred by the [Ontario Newborn Screening Program](#). The CF program provides a range of services with an emphasis on early diagnosis and intervention to prevent disease complications.

The program also provides an [outreach clinic in Sault Ste. Marie](#). Health care professionals from Children's Hospital travel to this clinic three times per year to provide care to children with CF.

London Chapter Contacts

To find out more about us contact:

President Beatrice Crowley

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Carol Cooper

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London, Ontario N6A 5K2

Tel: 519-615-1355

info@cysticfibrosislondon.ca

coopercaroll@gmail.com



About Us:

People who support Cystic Fibrosis Canada come from across Canada from every walk of life and age group. They're part of an international community fighting to make a difference each day in the lives of people affected by cystic fibrosis.

They volunteer through Foundation chapters, the medical advisory and CF adult committees, our Board of Directors. They're dedicated people. They're people with CF, families, caregivers, medical professionals, staff. They're donors, sponsors, local businesses, corporations.

National supporters like Céline Dion, longstanding partners like Kin Canada, enthusiastic participants in fundraising events or parents of children with cystic fibrosis, our volunteers, partners and supporters have one common vision -- a world where cystic fibrosis is no longer a progressive life-shortening disease. So they do whatever it takes -- raise funds, support groundbreaking research, advocate, provide unconditional care and support to people with CF.

Our community will continue to work together until a cure or control for CF is found!

Helpful Links

www.cysticfibrosislondon.ca

- Cystic Fibrosis Canada - www.cysticfibrosis.ca
- Candid Facts Newsletter - our quarterly newsletter – includes up-to-date news about CF research, treatment, special events, and human interest stories. <http://www.cysticfibrosis.ca/en/publications/Newsletters.php>
- The Guide: Resources and Services - A guide for people with CF, their families and health-care professionals - http://ccff.ca/pdf/TheGuide_Resources_CF_2009_E.pdf
- “Like” Cystic Fibrosis Canada on Facebook - www.facebook.com/CysticFibrosisCanada
- Cyber Flash - eNewsletter - to subscribe - <mailto:cflash@cysticfibrosis.ca>
- Circle of Friends -our biannual national newsletter produced by our Adult CF Committee – addresses the needs and concerns of Canadian adults with cystic fibrosis. to subscribe - <mailto:info@cysticfibrosis.ca> Subject: Circle of Friends
- Candid Facts Newsletter - <http://www.cysticfibrosis.ca/en/publications/Newsletters.php>

CF SUPPORT GROUP FORMING: Contact Marz Taylor, Marz.Taylor@sjhc.london.on.ca